

# Self Evaluation Post-test

## PASS Requirement

*All information is strictly confidential and will not be shared with anyone unless your permission is granted.*

**Bring this completed form to your final meeting with your academic advisor.**

**Name:**

**Chaminade ID:**

**My goal GPA is:**

**SECTION I – Overall, I felt that my semester was:**  
Evaluate how you feel the semester was for you.

**SECTION II – The challenges I encountered throughout the semester were:**  
Discuss any difficulties and challenges you had this semester

**SECTION III – I addressed the challenges in Section II by:**  
How did you deal with the difficulties and challenges you faced? Be specific.

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**SECTION IV – My goals for this semester were \_\_\_and I was/was not able to meet them:** What were your 3 goals that you listed in your Pre-test? Did you or did you not meet these goals? Why?

### **SECTION V – Did you reach your goal GPA?**

Explain if you think that you have met the requirements to reach your goal GPA.

### **SECTION VI – Things I could have done differently:**

What are some situations that you could have dealt with differently?

### **SECTION VII - Assessment**

On a scale of 1 – 5 please indicate the following:

1- Strongly agree 2 -Agree 3 - Neutral 4 - Disagree 5 - Strongly disagree

1. My time management skills need improvement \_\_\_\_\_
2. I need help with organizing and prioritizing \_\_\_\_\_
3. I do my work ahead of time and don't wait until the last minute \_\_\_\_\_
4. I know when to ask for help \_\_\_\_\_
5. I have difficulty taking tests \_\_\_\_\_
6. I am able to cope with my stress \_\_\_\_\_
7. I am excited about graduation \_\_\_\_\_
8. I will do what it takes to get off probation \_\_\_\_\_
9. I have goals and know how to achieve them \_\_\_\_\_
10. I have personal issues that may interfere with school \_\_\_\_\_